

COURSE DESCRIPTIONS:

Go (围棋)

围棋起源于古老的中国，已有几千年的历史，是中国的国粹。围棋不仅能训练大脑、增强思考、培养耐心，更能提高分析、判断的能力。本课程带领孩子们在黑白棋子间培养逻辑思维、运筹帷幄的布局能力，使孩子们在纷扰的环境中多一分定力，提高他们的耐性。

Instructor: Joe Lee (李文) – 李文六段是业余围棋高手，有丰富的围棋教学经验，近年来一直致力于青少年围棋艺术的推广。

Drawing (儿童绘画)

Teach and help children to find out the beauty of world, from the simple lines and colors to learn the basics of art drawing also stimulate children's creative minds to use his/her unique gift in art. Students complete one new drawing each week and learn a variety of art concepts including portraiture, still life, line and patterning, perspective, color theory and art vocabulary.

Instructor: Qi Zhou had over 15 years of Fine Art teaching experiences in Art Academy, elementary school and preschool, both in China and US. She is also very experienced in teaching to a broad age range from toddlers to teenagers. Her teaching specialties include child imagination painting, traditional Chinese painting, water-color, sketch, handcrafting and Chinese calligraphy.

Kung-Fu Zen (功夫禅)

Lessons in this class are built to enhance a child's physical and social development. Students will learn physical, technical as well as historical and philosophical aspects of traditional Kung-Fu. The rigorous workout will cover the basic fundamentals of kung fu: stretching, breathing, stances, kicking, punching, and mental focus. Respect and discipline through the vehicle of Kung-Fu will be developed. Please note a materials fee of \$58 is due on the first day of class. The fee covers the class uniform including T-shirt, Pants and shoes.

Instructor: ShaoLin KungFu Zen (少林功夫禅)

Chess (国际象棋)

Numerous studies over the past 40 years show that chess improves standardized test scores in reading and math, improves memory, develops logical thinking, promotes imagination and creativity and teaches independence. But most important of all, kids have fun! The chess class teaches the game of kings in a unique, fun and engaging way. Kids will learn everything from basic piece movement to advanced tactics, with lessons tailored to suit students of all skill levels.

Instructor: Castling Kids Chess Academy. – Castling Kids is directed by Abel Talamantez, a former nationally-ranked scholastic player who is currently rated in the top 7% of players nationally by the United State Chess Federation (USCF). He has over 25 years of chess playing experience and has played in numerous national tournaments and events. He is also a certified Tournament Director. Abel holds a degree in Political Science from the University of California at Berkeley.

Dance (舞蹈)

Chinese dance, Ballet, and Modern dance will be introduced. Students will explore movement, space and rhythm. The goal is to help students improve flexibility; develop proper balance, body posture, coordination, dance fundamentals and performance skills. Students will complete one dance at the end of the session. The class also helps students build confidence in an atmosphere of fun and learning.

Instructor: Jiwen Dong – Ms. Jiwen Dong graduated from Beijing Dance Academy, with major in Chinese folk dance. She later furthered her studies and became an instructor at Beijing Music and Dance School. She is an instructor in International Performing Arts Center at Cupertino.

Table Tennis (乒乓球)

Table tennis is the 2nd most popular sport in the world. It combines technique, speed, spin, power, touch, smarts and concentration. Course content includes: basic strokes, footwork, drills, strategies, rules and etiquette necessary to participate actively and enjoy the games.

Instructor: Silicon Valley Table Tennis Club

Science (科技制作)

Through handmade project from each lesson, students get to understand the scientific and technological knowledge and its application in our daily life, so as to cultivate students: 1 scientific Interests; 2, the spirit of scientific inquiry; 3, ability to focus, 4, self-confidence.

Instructor: Mr. Gu- Mr.Gu has been teaching science classes in more than 10 Chinese schools throughout bay area and widely welcomed by students and parents. He is specialized in guiding students' interests in learning science through questions, handmade projects, team cooperation, and competition.

Continue on the back

Soccer & Basketball Class (Skyhawks)

Using our professional curriculum, Skyhawks staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This program focuses on dribbling, passing, shooting and ball control. By the end of the class, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their sport skills preparing them for play in the playground or league play!

Instructor: SkyhawksSport - Skyhawks Sports started as a regional soccer program focused in the Pacific Northwest. The popularity of the camps grew as the years went by, and some amazing athletes and wonderful individuals emerged. The Skyhawks Sports soccer-focused camps emphasized critical lessons in life, such as sportsmanship, teamwork, and winning and losing with grace.

Public Speaking (英文演讲)

This course is designed to introduce students to public speaking and rhetoric. Consecutive lessons work through the alphabet as students develop basic communication skills (i.e., "A is for Articulation; B is for Breath control, C is for Conversation...") Additional drills, games, and exercises will help students build confidence while creating rapport with an audience. Students will deliver recitations and present more than a dozen speeches throughout the course. Emphasis will be given to...

- Voice – enunciation, articulation, cadence, pitch, and diction
- Body – posture, poise, use of gestures, facial expression, and eye contact
- Style & Delivery
- Spontaneous speeches and conversational practicum
- Platform speeches – speaking one's own words
- Interpretive speeches – bringing someone else's words to life
- Written evaluation and oral review of presentations

Workbook: *How to be Heard & Remembered, a Public Speaking Primer* by Winifred C Heggem

Instructor: Ms. Sheridan has grown up in a house of public speakers. She spent years watching her 8 older siblings excel in competitive forensics and then decided to join the activity herself. At age twelve, Sheridan began speaking competitively and received national recognition. During her four years of competition, Sheridan received a total of 21 first place awards.

Since 2011, Sheridan has been teaching at classes, camps, and conferences throughout the Western U.S. Her passion is to help others fulfill their speaking potential, while continuing to grow as a communicator herself.

Olympiad math & AMC8 (奥数 and AMC8)

Does your child want a little more excitement and challenge from Mathematics other than his/her school course work? Join us in this class with other kids who have the same interest. This course is designed for 4th to 6th graders who are seeking for some math fun by practicing their "math muscle/brain". We will work through the book "Creative Problem Solving in School Mathematics". The purpose of this course is to develop students' math problem solving strategies and critical thinking. We will do some serious math while having tons of math fun and building endless math friendships.

AMC 8 is a math exam designed for middle schoolers (6-8th graders) to promote the development and enhancement of problem-solving skills. "The examination provides an opportunity to apply the concepts taught at the junior high level to problems which not only range from easy to difficult but also cover a wide range of applications. Many problems are designed to challenge students and to offer problem solving experiences beyond those provided in most junior high school mathematics classes." (Quoted from MAA website) Please visit <http://www.maa.org/math-competitions/amc-contests/amc-8> for more details.

This course is designed to not only help middle schoolers to prepare and do well in their annual AMC8 test but also, mainly, to stimulate their interest in math thinking and problem solving strategies. We are here to build strong foundations and confidence for students' future math learning so that they will make smooth transition to bigger challenges- their high school AMC10 and AMC12 exams.

Students will work on past AMC8 test questions through this course. The instructor will construct lectures based on students' results to strengthen their knowledge and stimulate their creative and critical thinking. Working/debate with their peers/classmates also helps with their understanding and sparkles their lifelong learning abilities. Expect to have tons of math fun and building endless math friendships while doing some serious math problems.

Instructor: Jie Liu-Dr. Liu is currently a university math professor. She has taught college level math for more than ten years in US. While helping her own kids study math, she started her interest in youth math learning and teaching. For the past couple of years, she volunteered in helping math clubs with her children's elementary school and middle school by teaching math Olympiad, MathCounts and AMC series. She is very passionate about education especially early development of math thinking.